



The Bethany Buzz
Bethany United Methodist Church
1853 Maybank Hwy.
Charleston, SC 29412

February 2019

“Sacred Rhythms”

For God to add something new to our lives, we must first empty ourselves.

January begins a purging process for many. Donation centers are brimming with unwanted items as people start their “Spring Cleaning” early. Bethany UMC has begun purging some items that have filled corners and nooks so that we will have more room for people.

Gloria Smith and Sharon Rush have made a game of purging unused stuff! They invited us for a night of fun and fellowship around “stuff” turned into “prizes”! Thanks Ladies!

What wasn’t taken by contestants at the White Elephant Bingo will be sold at Bethany’s Yard Sale.

But there is a deeper level of emptying and filling, a spiritual adventure opportunity to free ourselves to follow “Sacred Rhythms”. The Christians of the Middle Ages referred to the Holy Spirit as the Wild Goose. Following the movement of the Spirit was like going on a Wild Goose Chase!

As we move deeper into our friendship with God, it may often feel like a wild goose chase. However, there are some “spiritual disciplines” that anchor our lives and sync our souls to God’s own Spirit at work in and through us.

For the season of Lent, as we empty ourselves of distraction and busyness by learning and practicing “Sacred Rhythms”, we are opening ourselves to be filled by the Holy Spirit, led on the ultimate Wild Goose chase of spiritual adventure.

The “spiritual disciplines” are Christian practices involving solitude, Scripture, prayer, self-examination, Sabbath keeping, and cultivating a “Rule of Life”.

So ask yourself, what’s keeping you from a deeper relationship with God?

What is the longing of your soul?

What is God inviting you to?

Explore these questions and develop your own “sacred rhythms” through a new sermon series, two new small group opportunities, and an invitation to a spiritual retreat at a Monastery.

And in the meantime, here is a centering prayer to begin your practice of sacred rhythms:

“Be still and know that I am God.

Be still and know that I am...

Be still and know...

Be still...

Be.” Psalm 46:10

Peace of Christ,
Pastor Cindy

Did You Miss a Sunday or a Sermon?

Visit our Bethany website to catch up on the spiritual food you missed. You can also find our latest newsletter, information on our staff, church history, and update on our latest events. Bookmark our site for quick access at www.bethanyji.org



Please Remember to keep the following people in your prayers:



Tess Penninger
Jane Farmer
Henrietta and Woody Killingsworth
Chuck & Edith Oshinsky

Sarah Margaret Woods and Jacqueline (Tina Atwater's granddaughters)
Brittany Crosby Howard
Jill Rush Provost

Bethany "Shut-In" Members

Sweetgrass Village
-Paul Lewis
The Palms
-Janie Thomas
Summerville
-Betty Carmichael

- Dero Irwin
Family
-Elizabeth Harley
Please see office for contact info

Home-
-Tess Penninger
-Harriet Fosbery
-Alvis and Helen Hancock
-Sulie Patterson

Franke at Seaside
-Woody and Henrietta Killingsworth

Veterans Victory House
-Chuck Oshinsky
Chuck Oshinsky C/O
Veterans Victory House
2461 Sidney's R
Walterboro SC 29488



02/01 Rehta Dinovo
02/03 Clint Wood
02/10 Kathy Evans
02/11 Billy Sayle
02/14 Tina Atwater
02/16 Wells Horne
02/17 Benjamin Lawson
Connie Allegood



02/27 Woodie & Henrietta Killingsworth

UMW News

The United Methodist Women will meet Tuesday, Feb. 5th in the fellowship hall. Brittany Crosby Howard will be our guest speaker. She'll share with us her journey as a heart transplant recipient and the importance of being an organ donor. Refreshments will be served at 6:45 and the meeting begins at 7:00! All ladies of Bethany are invited to attend!

Sunday Feb. 10th the UMW will sell potato soup and chili at both services. \$8 per quart or \$15 for two. You may preorder your soup by emailing or calling Carol Killingsworth at caroljimk@gmail.com or 843-532-2750. Thank you for supporting the UMW!

Feb. 12th the UMW will travel to Columbia for the Legislative Advocacy Day at the Epworth Home. Ladies who are interested in attending please contact Carol Killingsworth before Feb. 1st to meet the registration deadline.

Carol Killingsworth, UMW President

MEN'S CLUB

The Men's Club will meet on Sunday, February 3rd at 8:00 am for breakfast. All men are welcome to attend.

The Valentine Dinner will be held on Feb. 10 at 5:00 at Sticky Fingers in Mt. Pleasant. There is a sign-up sheet outside the church office if you plan to go.



MEETINGS

UMM Sunday, Feb. 3 @ 8:00 am Breakfast

COMMUNICATION & SOUND Feb. 3 @ 12:15

UMW Tuesday Feb. 5 @ 6:45 dessert/meeting

SPRC Tuesday, Feb. 12 @ 7:00 pm

FROM THE FINANCE COMMITTEE

The Finance Committee is implementing the use of a new software suite. The software will not only be used to manage the financial functions of the church but also tracks membership and donations. The QR code on the back of the bulletins and the link on our website have been updated to reflect the new online giving capability. Donations made online may be linked directly to your membership profile and updated automatically. Please feel free to take advantage of the online giving capability for one-time donations or to make regularly-scheduled donations. Further, a "Privacy Change Notification" email pertains to setup/login privacy for this application only. If you have any question, feel free to contact Joey Weed or Pam Riggs.

LENTEN STUDY

A LENTEN Study is being offered by our new Discipleship Chair, Elizabeth Hilliard. Each Saturday at 10:00 am in the Conference Room a video based Lenten small group will learn and share
March 9th-April 13th

THE GOOD AND THE BEAUTIFUL

SMALL GROUP SUNDAY'S 10:15-11:00
2nd through 4th Sundays

Discover a new way to experience life through a covenant group. Each week a biblical message will be reviewed and questions discussed. During the week, on our own, "soul training" spiritual practices will be encouraged.

"The Good and Beautiful God" by James Bryan Smith is a book about falling in love with the God Jesus know. Does God want me to "try harder"? Does God "bless me when I'm good and punish me when I'm bad"? What we believe about God determines how we live. Each week will challenge our ideas about God.

Purchase the book, (online or in a store), and attend the small groups that your schedule allows. We will be meeting in the lounge area of the Fellowship Hall. The spiritual formation group will be led by Pastor Cindy through April.

BUILDING USE

If you wish to use the building for an event please let the office know. We will give you a list of guidelines or you can find the information on the website.



NURSERY UPDATE

Hello All! I wanted to keep you up to date on our Nursery Care openings. We continue to advertise in several locations but to date we have not filled the positions. We will continue to ask for your help on a short time basis. We are still in need of help to man the nursery with volunteers until we fill the positions permanently. The main time frame needed is during the Early Service (9:00-10:00 am) and during Sunday School (10:00-11:00 am) on Sunday Morning. If you are willing to help out on any given Sunday please email me directly, shoot me a text or give me a call. All my contact information is listed below. We will also have a sign up sheet outside the secretary's office on the bulletin board. Again, we truly appreciate your help as we all pull together until these positions are filled. We thank you and our sweet babies thank you.

Many thanks!
Joanne Young
joannedyoung@comcast.net
843-442-4313

CELEBRATING MS. NELL

Everyone please mark your calendars and be sure to join us as we celebrate this very special lady! Sunday, March 31st at 10:00 am. Join us in the Fellowship Hall for cake and coffee as we share stories and memories with our wonderful friend. She has been such a positive influence and nurturing figure to so many of us both young and old. I will be taking up a love offering to present to her on her special day. If you would like to contribute you can give your contribution directly to me anytime between now and mid March. Let's all please make plans to show up to celebrate this dear sweet lady.

Thank you.
Joanne Young

RETREAT TO THE MONASTERY OF THE HOLY SPIRIT

From September 16-19th in Conyers, Georgia.

Join Rev. Cindy and Rev. Don Muncie in a retreat to a monastery entitled, “The Spirituality of Imperfection”. The retreat is led by several monks. Since the second century Monastic life has shaped both the world and the church. This fall enjoy a cross-cultural and spiritually forming experience. The non-refundable deposit is \$30.00 and due by the end of February.

For more information check out www.trappist.net or speak with Pastor Cindy.

DROP IN

Pastor Cindy invites you to “A Bleak Midwinter Cookie Reception” at the Parsonage, 3 Oyster Corner on Sunday Feb. 24th from 1:00-3:00 pm. Come see the renovations to the parsonage!

PURPOSEFUL ACTS OF KINDNESS

February 3 begins the start of Bethany’s Family Purposeful Acts of Kindness program. Every first Sunday of the month Bethany families are invited to gather during the Sunday School hour and share a time of modeling Jesus’ love by serving others. Our first Act of Kindness, will be showing our gratitude to deployed military troops by writing cards and letters of appreciation and encouragement. A nonprofit, 501(c)(3) organization, A Million Thanks,

will send our letters directly to our service members. So come join us February 3, and every first Sunday, in making positive differences in other’s lives! For more information about A Million Thanks and all its programs, visit www.amillionthanks.org



CHOIR NOTES

It may seem very early but the season of Lent and Easter will be here before you know it.

On Thursday, April 18th we will lead the worship service with “The Body of Christ...Glorified, Anointed, and Sacrificed”. We would welcome anyone who would like to join us for this special worship service.

Choir practice is on Thursday nights at 7:00 pm. This is a fun, hard working group and anyone is welcome.

If you have questions, contact Melinda in the church office.



Saturday, February 2 from 8:00 am till noon. Come early for the best selection!

Bethany United Methodist
 Of James Island
 1853 Maybank Hwy
 Charleston S.C. 29412
 843-795-3527

FEBRUARY 2019

					1	2 Garage Sale 8:00am-noon
3 Men's Club @ 8 am Casual Service @ 9 am Sunday School @ 10:00 am Traditional Service @ 11:15 am	4	5 Riverland Terrace Garden Club UMW @ 6:45	6 Praise Band @ 5:30 pm AA @ 7:30 pm	7 Choir @ 7pm AA Meeting @ 8pm	8	9
10 Casual Service @ 9am Sunday School @ 10:00am Traditional Service @ 11:15am UMM Valentine Dinner@ 5:00 pm	11	12 SPRC @ 7 pm	13 Praise Band @ 5:30 pm AA @ 7:30 pm	14 Valentine's Day Choir @ 7pm AA Meeting @ 8pm	15	16
17 Casual Service @ 9am Sunday School @ 10:00am Traditional Service @ 11:15am	18 Presidents Day Office Closed	19	20 Praise Band @ 5:30 pm AA @ 7:30 pm	21 Choir @ 7pm AA Meeting @ 8pm	22	23
24 Casual Service @ 9am Sunday School @ 10:00am Traditional Service @ 11:15am	25	26	27 Praise Band @ 5:30 pm AA @ 7:30 pm	28 Choir @ 7 pm AA Meeting @ 8 pm		

